



## Baked Banana Chips Recipe

**For an inexpensive, guilt-free snack, bake perfectly crisp and sweet banana chips.**

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**Ingredients** (serves 6 people)

- 2 bananas, peeled
- 1 cup fresh squeezed lemon juice
- Cooking spray

### **Directions**

1. Preheat oven to 200 F.
2. Coat baking sheet with cooking spray.
3. Cut bananas into 1/4-inch slices.
4. Dip slices in lemon juice, then place on prepared baking sheet.
5. Bake, turning over once, until golden brown and crispy, about 3 hours.
6. Optional: Drizzle chips with honey once out of oven.