



Child Care Network

Early Childhood News

Special points of interest:

- Impact of Trauma Workshop (page 3)
- Got Teeth? (page 4)
- Does Non-stick Mean Non-toxic? (page 5)
- CACFP Recipe (page 6)
- OCFS Updates (page 7)



Inside this issue:

Director's Letter	2
SACCN Training & News	3
Infant/Toddler Tips	4
EcoHealthy Child Care	5
CACFP Nutrition News	6
EC Scene from OCFS	7
Early Childhood Conference	8

Children's Environmental Health Day, Oct 11



Despite a better understanding about the connection between environment and health and the unique vulnerabilities of children to these impacts, the health of children today is no better than it was a decade or more ago. Today's children face an epidemic of illness and chronic diseases linked to environmental exposures and our changing climate. Further, children from families with low incomes, and children of color, experience multiple health stressors and exposures, and as a result face an increased risk for poor health outcomes.

As a means to create a children's environmental health movement and a strong network of advocates, The Children's Environmental Health Network (CEHN) has spearheaded the establishment of Children's Environmental Health Day (CEH Day). This year, the third Children's Environmental Health Day will be celebrated on Thursday, October 11.

This special day will help promote goals that can change children's lives:

- Increase awareness and understanding of children's environmental health
- Mobilize action on children's environmental health issues
- Establish/expand the community and network of partners working on children's environmental health issues

There are several things that people who care about children can do to further the effort.

Promote Children's Environmental Health Day Join the CEH Movement at <https://cehn.org/ceh-movement/cehday/>. Then share by posting to social media using the hashtags #CEHday and #ChildrenAtTheCenter. Use your platform to promote CEH Day and the CEH Movement.

Letter Campaign Send a letter or postcard to your congressional leader about a children's environmental health issue that matters most to you - and urge them to be an advocate for children
Obtain a proclamation Request that your mayor or governor proclaim October 11, 2018 as Children's Environmental Health Day. CEHN has proclamation templates and other helpful tips.

Share your story Be an advocate for someone you love. Share how the environment has affected the health of your child or share your own journey of discovery and learning about environmental hazards.

Take Leadership Be a leader in your community and neighborhood. Find ideas to help spread awareness of children's environmental health. Share what you are doing and share your thoughts.

Vote on Tuesday, November 6

Those in the early childhood field want to ensure our elected leaders take action to expand equitable access to affordable, quality child care for all children and working families that need it. One way to do this is to vote for someone who will enact laws that support children and families. There are a few ways voters can learn more about their favorite candidates and their views. Voters can ask candidates about child care.

There is also helpful elections information at the following organizations. Visit their websites to learn more:

Empire State Campaign for Child Care - www.empirestatechildcare.org. Their mission is to achieve equitable access to quality child care for all children and working families in New York State.

America for Early Ed- www.americaforearlyed.org. America for Early Ed is a mobilizing hub to ensure that candidates and policymakers from both sides of the aisle embrace early learning as a "must".

PowHer the Vote,- www.powherny.org/campaigns/ is a non-partisan election season campaign sponsored by the PowHerNY Network. It is a statewide network of organizations working together, primarily through social media, on issues of critical importance to women and girls.

Most importantly, be sure to vote on Tuesday, November 6!



The Child Care

Network's mission:

"To strengthen the quality of children's early care and learning"



From the Director's Desk

Autumn has officially arrived. And with fall comes a myriad of activities to consider that can more than fill your time and children's time, too. There is apple picking, hayrides, raking leaves, harvesting the last of the season's vegetables, prepping the garden for next year, outdoor festivals, walks in nature to see the beauty of the fall colors and so much more. To avoid over stimulation and stress, plan with intentionality so that your schedule and that of the children in your care and family do not get over booked.

While planning your fall schedule, please take into consideration these other exciting opportunities. On November 2 and 3, the Child Care Network will once again host its Annual Early Childhood Conference. Now in its 25th year, we have an exciting line up of key note speakers, workshops and ven-

dors. For more details see the back page. The brochure has been mailed to all child care providers and programs. It can also be found on our web site at: <http://www.saccn.org/child-care-provider-services/training/> and if paying by credit card, registration can also be done on line at: <http://www.saccn.org/registration/>. New this year: VOICE/CSEA will pay for the registration fee in full for any family or group family child care provider who wishes to attend. Applying for payment through VOICE is easy and can be done at: <http://voicecsea.org/professionaldevelopment>. The conference is a wonderful opportunity, to not only get training, but is also a way to connect with others who care for children on a daily basis.

Check out two other important events scheduled for this fall

described on the cover page of this newsletter: Children's Environmental Health Day on October 11 and Election Day on November 6. The Child Care Network's calendar of fall training events can be found on pages 2 and 3.

As you plan your fun filled autumn, be sure to schedule in relaxing, do-nothing times to take in the cooler temperatures and nature's beauty.

Remember to Vote on Tuesday, November 6th.

Lynn

Lynn Sickles,
Executive Director



2019 Calendar Keepers No Longer Available at SACCN

This record-keeping system is the leading business tool for family child care professionals. With this calendar, all of the family child care professional's business-related records are organized in one convenient place. It is published annually by Redleaf Press.

Calendar Keepers can be purchased through the publisher, Redleaf Press, at www.redleafpress.org or through Amazon or Barnes and Noble for \$18.95 plus shipping and handling fees.

SACCN Calendar of Training Events

SACCN Office Closings

October 8, Columbus Day

November 12, Veteran's Day

November 22 & 23, Thanksgiving

December 24 & 25, Christmas

Office hours:

Open Monday-Friday,
9:00 AM-4:00 PM

October

Health & Safety for G/FDC:
October 1, 2 & 5 from 9:00am-3:00pm Queensbury

CACFP Workshop: October 2 at 6:30 pm in Warrensburg

CDA Classes: Tuesdays, October 9, 16 & 23, in Queensbury

Impact of Trauma: October 18 at 6:00 pm in Greenwich

SUNY Videoconference: Thursday, October 25, 6:45 pm in Queensbury

Lunch & Learn: Tuesday, October 16 at 12:15 in Queensbury

November

Early Childhood Conference: Friday & Saturday, November 2 & 3, 8:00 am in Lake George

CACFP Workshop: November 5 at 6:30 pm in Queensbury

Voting Day: Tuesday, November 6 in your district

CDA Classes: Tuesdays, November 6, 13, & 27, Queensbury

Impact of Trauma: November 15 at 6:00 pm in Warrensburg

Lunch & Learn: Tuesday, November 6, 12:15 in Queensbury

December

CDA Classes: Tuesdays, December 4, 11, & 18 in Queensbury

Impact of Trauma: December 13 at 6:00 pm in Hudson Falls

Lunch & Learn: Tuesday, December 11, 12:15, Queensbury

SACCN Training & News



The Impact of Trauma on Children and Adults

With 1 in 4 children in programs impacted by trauma and behaving in ways that their brains and bodies have developed to respond to perceived threats, it's time to learn more. This workshop will more deeply explore how trauma affects the children and staff in our programs and how we can develop trauma informed care practices. We will discuss behavior and developmental concerns. We will also review the statutes and regulations pertaining to child abuse/maltreatment.

- Thursday, October 18, 6:00-8:00 PM in Greenwich at the Library
- Thursday, November 15, 6:00-8:00 PM in Warrensburg at The Richards Library
- Tuesday, December 13, 6:00-8:00 PM in Washington County Annex 2, 411 Lower Main St, Hudson Falls

Contact Pam with questions or to register at coninep@saccn.org or call 518-798-7972 ext 206.

Child Care Center Lunch & Learn

Last year, the Child Care Network started a new program for Day Care Center and School Age Program Directors and Administrators. It brought participants together to discuss areas of work that are common to those programs in the area. When the Directors who regu-

larly attended asked for Lunch & Learn to continue and expand, the Child Care Network said "yes".

Directors meet monthly, over lunch, to share and learn new strategies from each other to help make their programs the best they can be.

Meetings are open to all OCFS licensed Child Care Center and School Age Program administrative staff.

To register for Tuesday Lunch & Learn programs, call Pam at the Child Care Network, 518-798-7972 ext 206 or email coninep@saccn.org.

Health and Safety Training (G/FDC) (OCFS training categories 2 & 4-9)

Health & Safety training is scheduled for Monday, Tuesday and Friday, October 1, 2 & 5, from 9:00 am to 3:00 pm at SACCN offices in Queensbury. This course is required for any-

one wishing to open a family or group family child care program. It is also open to any current provider or staff who seeks a refresher. Cost for this program is \$250.

Current providers or assistants can apply for EIP funds to help with the cost of training. Please contact Pam or Sue K at 518-798-7972 if interested in attending.

Videoconference Training (OCFS Topics vary)

There is one videoconference scheduled this quarter. It will be held at site # 642, the SACCN offices in Queensbury from 6:45-9:15 pm. Register online at www.ecetp.pdp.albany.edu. Thursday, October 25: Town Hall Meeting: Examining the Business Side of Child Care

CDA (Child Development Associate) Class

CDA Series 2018-2019 has recently started. There is a mix of people from centers, family child care and Head Start in this year's class. CDA is a national credentialing program for child care provid-

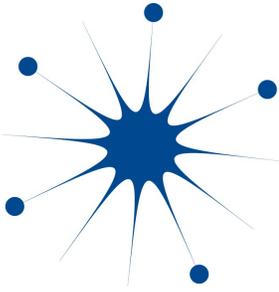
ers who want to demonstrate and validate their competence in the work they do with young children. It was developed for those currently working with children so they can apply new ideas and strategies directly in

their early childhood settings.

There is still room for more. The deadline for anyone interested in attending CDA classes is October 2. Call Sue at 518-798-7972 ext 205 for details.

Did you know????

Scholarship funding to participate in some 2018 training opportunities may be available through the Educational Incentive Program (EIP). Many providers do not realize that they are eligible to apply for these scholarships. For example, a provider from a family of 4, with a household income of \$53,071 is eligible for a voucher of 100% of the training cost. Or at \$79,606 a voucher would cover 75%. For more information or to apply, visit www.ecetp.pdp.albany.edu/eip.



Welcome New Child Care Programs!

Warren County
YMCA After School Club-NWCS
Washington County
Advanced Therapy-Hudson Falls
Hamilton County
None at this time
Northern Saratoga County
SCEOC, Inc. (Head Start) Corinth

Thinking of doing family child care?

There are many benefits of offering care in one's own home, but starting a new child care program takes careful consideration of the pros and cons involved in the important decision to open a new business. Find out how to get started.

Contact Sue K at 798-7972 ext 205 or suek@saccn.org with questions about starting a program in your home. Programs are especially needed in **Whitehall and Lake Luzerne**.

Got Teeth?



A toddler's mouth is their second set of eyes.

Children are less likely to bite if they:

- are supported with developmentally supportive care
- have strong attachments with familiar, consistent and responsive caregivers
- experience minimal/relaxed transitions during the day
- are cared for in small groups
- play in clearly defined, well organized, attractive learning areas
- have plenty of space to run outside
- have access to a cozy defined space that allows for self-regulation
- are allowed to carry their favorite "lovey" (security item)
- are encouraged to develop language skills
- are not overwhelmed by their environment
- enjoy 90 minutes of developmentally appropriate activities daily
- enjoy active play time, exciting choices and free access to toys
- are well rested, fed and comfortable
- are not teething
- are offered appropriate sensory activities daily

A responsive caregiver can begin to anticipate when biting may occur and can make changes that can prevent biting. When biting does happen, the caregiver's response is important.

A caregiver should respond by:

- staying calm; address the biter in a firm, calm

voice in a simple and clear way, for example.....

- ⇒ "I can't let you bite Sam. You bit him with your teeth and he doesn't like it."
- ⇒ "You were so mad when he took your truck. Biting hurts people."
- ⇒ "Sam had the toy you wanted, so you bit him. You can't have toys when you bite to get them."
- shift attention to the child who was bitten and model/mirror concern and sympathy for the child with words and facial expressions
- return to the biter and talk about what they can do next time
- encourage/model emotional repair between friends but don't force apologies
- respect child and family privacy when discussing biting events
- keep a running biting log that notes who, when, where, why and what was happening at that time.

PITC: Toward a Better Understanding of Children's Behavior/Supporting Individual Needs of Infants and Toddlers

(Training session) Zero to Three. (2/2010). Chew on This: Responding to Toddlers who Bite.

No Biting, Policy and Practice for Toddler Programs by Gretchen Kinnell 2008

Tipsheets are provided by the Regional Infant-Toddler Resource Center and are available at <http://www.cdcccc.org/page/tipsheets-26.html>

Infant/Toddler Resources at Early Childhood Conference

Staff from the Infant/Toddler Resource Center will be at the Conference on November 2 & 3 presenting workshops and sharing their expertise. See them at Fort William Henry in Lake George.

Conversations with Children: Expanding Their Understanding with Good Questions

Respectful Practice in Infancy and Early Childhood

The Importance of Pretend Play for Older Infants and Toddlers: Building Dramatic Play into Your Day



Non-Stick Doesn't Mean Non-Toxic



Many thanks to Bobbi Wilding at Clean & Healthy New York for sharing her "Healthy Tip" article with us. For more information, please visit www.cleanhealthyny.org/child-care.

Today, we're focusing on the toxic chemicals lurking in non-stick pans, stain-proof furniture and carpet, and waterproof outerwear. These same chemicals - collectively now called "PFAS" (for the technical term "per- and polyfluoro alkyl substances") - are contaminating drinking water at airports, where its has been used in firefighting foam, and factories.

What are PFASs?

The original PFAS chemicals are PFOA and PFOS. Because of human health and environmental concerns, US production was phased out as of 2015, but they are still made in China, where production has increased. In the wake of health concerns, companies are using an ever widening array of very similar chemicals, without full knowledge about what they can do to our health or the environment. "PFAS" stands for "per- and polyfluoro alkyl substances."

On June 20th, the Center for Disease Control's Agency for Toxic Substances and Disease Registry (ATSDR) issued new toxicological profiles for PFAS chemicals. They set "minimum risk levels" in the single digits of parts per trillion (incredibly tiny amounts), because of how harmful to human health PFASs can be, contributing to liver damage, increases in cholesterol, increased risk of thyroid disease, asthma, and infertility, decreased response to vaccines, riskier pregnancies, and decreases in birth weight.⁽¹⁾

Many communities in New York and across the US face ground-water - and drinking water- contamination from outdoor uses (primarily training firefighters to use foam sprays). PFASs are also used in many consumer products:

- **Single-use food products:** Pizza boxes, fast food grease-proof wrappers, "compostable" trays for produce, pressed fiber plates and bowls (including Chinex and Solo), and microwave popcorn bags.⁽²⁾
- **Stainproof and waterproof coatings** for some textiles, including furniture, carpets, and clothing.
- **Non-stick cookware:** even if labeled as free of PFOA or PFOS, non-stick coatings may be made of PFASs.
- **Personal care products:** dental floss, cosmetics and sunscreens. Environmental Working Group identified "13 different PFAS chemicals in almost 200 products, including makeup, shampoo and sunscreen, from 28 brands. Of those nearly 200 products, 66 products from 15 brands (including CoverGirl and L'Oreal) contained Teflon."⁽³⁾

Here are our tips for avoiding toxic PFASs:

1. General advice: Be wary of all grease-proofers, stain-resisters, waterproofers, and non-stick coatings unless you know what the material is made of. Being labeled "PFOA and PFOS-free"

does not mean PFAS-free. Many companies are simply replacing one fluorinated chemical with another, and this doesn't guarantee it's safer, just not regulated or in the public eye yet.

2. Furniture and carpeting: when you replace these, don't purchase stainproof or waterproof coatings. Avoid after-market sprays that do the same thing.
3. Cooking: Choose stainless steel, cast iron, and glass instead of non-stick pans. Well-treated cast iron can become close to non-stick, and if it gets scratched, you can start over to recoat with food-safe oils. If you have non-stick pans, it's important to dispose of them when they get scratched. Choose high-grade silicone pads for baking.
4. Food packaging and containers: Choose reusable materials whenever possible. Reduce fast food consumption. For picnics, old-school uncoated paper plates are healthier options than coated paper, greaseproof fiber, styrofoam, or plastic. Choose unpackaged produce rather than produce wrapped on trays.
5. Make your own microwave popcorn (for less!): The point of the popcorn bag is to keep all the kernels together. That's it. You can microwave in a glass bowl with a loose-fitting plate on top. Want it in a bag? Pour loose kernels (sold in bottles) into a brown paper bag that has been opened to allow airflow. Curl up the ends to contain the popcorn. That's it. Top with your own salt and favorite butter or butter substitute.
6. Personal care products: Look for "fluoro" in ingredients and avoid those products.

References:

1. ATSDR Toxicological Prof of PFAS chemicals: <https://www.atsdr.cdc.gov/toxprofiles/tp.asp?id=1117&tid=237>
2. Testing of various single use products. Includes lower- or no-fluorine products as well as those with PFASs. https://www.ceh.org/wp-content/uploads/CEH-Foodware-Database_05.01.2018-Final.xlsx
3. "How to find out if there's Teflon in your beauty products" Huffington Post 3/23/2018: https://www.huffingtonpost.com/entry/teflon-in-beauty-products_us_5ab2b16be4b0decad04661b6



CACFP

Contact us at 518-798-7972 or www.saccn.org
 Colleen Maziejka ext. 202
 Linda Scimeca ext. 203
 CACFP Educators

Last Chance!!! 2018 CACFP Annual Training “Odds and Ends and Eats”

Bring your questions and your binders. We will answer any questions that still exist with the new meal pattern changes. (i.e. infants, whole grains, etc.) If you have found any items that are working well to meet the whole grain requirement, we would love for you to share that info with all of us. We will share some snack ideas as well. We will provide you with updated program/policy information for your binders, as well as taking some time to explore our new website with you. This should be a fun way to share information and support each other as we continue to implement program changes and provide excellent nutrition for children! Snacks will be provided! Only two training options are left.....Hurry to reserve your spot by calling (518)798-7972.

- **Tuesday, October 2nd from 6:30-7:30pm @ Richard’s Library, Warrensburg**
- **Monday, November 5th from 6:30-7:30 @ SACCN, 37 Everts Ave., Queensbury**

81% of local group/family providers currently participate in the Child and Adult Care Food Program! Do you? ... If not, enroll today!

There are many CACFP **benefits** for providers. Children and families benefit, too. Did you know that in addition to receiving a reimbursement **check** each month, you will also have access to **free** nutrition trainings, a lending **library**, educational **materials** for families, and **activities** for your programs. Participating with CACFP is one of the easiest ways to enhance the quality of your programs. Required paperwork is **easier** than ever, and you can submit your monthly claim to us via email!

If you have been hesitant in the past about participating, check us out at <http://www.saccn.org/child-adult-care-food-program/>. Explore our pages, review our menus, watch Tom Copeland **compare joining the food program to winning the lottery!**

Still have reservations? Call Linda or Colleen at 518 798-7972. We will be happy to answer your questions. If you prefer, we can put you in touch with a provider who is currently participating, to give you another perspective!

There is a healthier alternative to tortilla chips, and they are creditable on the food program!

This recipe is on the CHOP CHOP website. A direct link to this website can be found on our CACFP page at www.saccn.org/recipes-and-nutrition where you will find many other great recipes.

Pita Chips

Fun and easy to make—try these chips warm for a special treat.

HANDS-ON TIME: 15 MINUTES

TOTAL TIME: 15 MINUTES

MAKES: 4 SERVINGS

KITCHEN GEAR:

Scissors
 Baking sheet
 Measuring spoons

INGREDIENTS

2 whole wheat pita breads
 2 teaspoons olive oil
 1/4 teaspoon kosher salt

You can also add sesame seeds, poppy seeds or a combination

INSTRUCTIONS

1. With the help of your adult, turn the oven on and set it to 425 degrees.
2. Using scissors, cut each pita into 8 triangles.
3. Now, open up each triangle and cut it again to make 2 triangles. You should have 32 triangles total.
4. Put the triangles on a baking sheet. Using a brush or your clean fingers, lightly coat the triangles with oil and sprinkle with the salt.
5. With the help of your adult, transfer the baking sheet to the oven and cook until the pita is lightly golden, about 5 minutes.
6. Eat warm or set aside to cool.



The Early Childhood Scene

New Second Hand Smoke Law in All Child Care Programs

Governor Cuomo Signs Second-Hand Smoke Law To Protect Children In Facilities and Private Homes That Provide Child Care Services. This legislation prohibits smoking in licensed and registered facilities that provide child care services.

Governor Andrew M. Cuomo recently signed legislation to further protect children from exposure to secondhand smoke. The bill prohibits individuals from smoking in facilities that provide child care services, including private homes.

"The dangers of secondhand smoke are indisputable and we must do everything in our power to protect children from this public health hazard and the life-long misery that comes with it," Governor Cuomo said. "This measure will bring us one step closer to a strong and healthier New York for all."

This bill (A.397B/S.7522), prohibits smoking in any facility that provides child care services in New York State, including private homes. All facilities required to be licensed or registered for child care services must comply with the smoking ban within 90 days, even when children receiving care are not present.

Senator Kemp Hannon said, "Second and third-hand smoke is a detriment to the development of our kids, and by working with my colleagues in the Senate and Assembly, we have taken signifi-

cant steps toward establishing a healthier environment for all. I thank the Governor for taking action and signing this legislation to protect children from second and third-hand smoke in family day care settings."

Assembly Member Aileen Gunther said, "New York is a leader in health advocacy and educating our youth on the dangers of smoking. This latest action furthers these efforts and will help our vulnerable youth grow up in better, safer environments across the state. I thank the Governor for signing this bill into law and increasing protections for the next generation of leaders in the Empire State."

The bill supports New York's continued efforts to promote healthy learning environments and protect the next generation of leaders in this state. This action builds on legislation signed by the Governor in August 2015 that prohibits individuals from smoking near schools while after-school programs are in operation, and legislation signed in 2017 that bans the use of electronic cigarettes on all public and private school grounds across the state.

Reprinted from OCFS website: https://ocfs.ny.gov/main/childcare/view_article.asp?ID=1739



QSNY Starts Moves into SACCN Region!



child care program and great for children in their care.

It has been successfully implemented in some parts of the state, but has yet to fully arrive in the Southern Adirondack Child Care Network region. Anyone interested in becoming part of the Quality Stars initiative can apply at <http://qualitystarsny.org/apply.php>. See the standards and start getting ready for when it arrives. With enough requests to bring QUALITYstarsNY to this area, it might just build up sooner than later.

QUALITYstarsNY is New York State's quality rating and improvement system. It is a voluntary program to rate, improve and communicate levels of quality in all regulated early care and learning programs. It's good for any

Health Care Consultancy Service Provided by Child Care Network

Assistance is provided to all licensed and registered providers and programs in developing their health care plan and related policies, especially to those who are considering offering medications or for those who already offer medications to the children in care and need to renew or update their plan.

Included in the service is:

- A review of the health care plan and health care policies
- Review of all documentation of medicine practices within the program

- Review of staff records of those authorized to administer medication to ensure that all requirements are met
- Health Care Plan Approval

This service is provided by a registered nurse at no cost to providers and programs thanks to a grant from the Office of Children and Family Services.

For more information and to contact the Health Care Consultant, please contact Lynn at the Child Care Network, 518-798-7972.

NYS
Child Care
Complaint
Line:

(800) 732-5207

Anyone concerned about a child care program or children in care is encouraged to call the toll free complaint line.

(800) 732-5207

Southern Adirondack
Child Care Network

Phone: 518-798-7972

800-807-3224

Fax: 518-812-0799

9:00-4:00 Monday-Friday

*“Strengthening the quality
of children’s early care
and learning.”*

WE'RE ON THE WEB &
FACEBOOK!
SACCN.ORG
FACEBOOK.COM/
SOUTHERNADIRONDACKCHIL
DCARENENETWORK

Early Childhood Conference 2018



“THE CONFERENCE IS COMING! THE CONFERENCE IS COMING!”

Check your email.....check your mailbox.....Use this fantastic opportunity to hang out with like-minded grown-ups!!!!

Get up off the floor, out of those tiny chairs and sit at adult sized tables for a couple of days. If you really want to treat yourself, get a room overnight at the

Fort William Henry and enjoy relaxing views of Lake George! Rooms rates for conference are only \$109.00 per night +tax! Check out the brochure and be sure to call us if you have ANY questions about attending. We hope to see you there!

There are 24 workshops from which to choose over the two days. All OCFS training categories are included to help meet the 30 hour training requirements every two years.

If you haven’t received your conference brochure in the mail yet, call and let us know! We’ll get one right out to you. OR check it out on our website at www.saccn.org/events/

To register on line with a credit card or PayPal go to www.saccn.org/registration/

OR mail in your registration with a check or EIP voucher or CSEA-VOICE confirmation.

If applying for EIP, you will need the following information:

Early Childhood Conference 2018

Friday, November 2 and/or Saturday, November 3, 2018

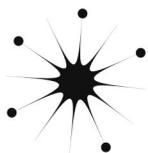
6 hours of training each day

One Day Rates: Members \$120/ Non-members \$130

Two Day Rates: Members \$180/ Non-Members \$200

Questions about the conference? Call Pam Conine at 518-798-7972 ext 206 or send an email message to coninep@saccn.org.

We hope to see you there.



Southern Adirondack

Child Care Network

37 Everts Avenue

Queensbury, NY 12804

